

HeFSSA Specialist Treatment and Device Therapy Symposium
5 - 6 June 2026
Vineyard Hotel, Cape Town, South Africa

SCIENTIFIC PROGRAMME AT A GLANCE

Friday, 5 June 2026	Time	Topic	Faculty
	11:00 - 13:10	Arrival, Registration & Finger Lunch	
	13:10 - 13:20	Opening and Welcome	Karen Sliwa & Nqoba Tsabedze
	13:20 - 15:00	Session 1 - Heart Failure Therapy: Innovations & New Insights	Chairs: Karen Sliwa & Martin Mpe
	13:20 - 13:40	DIGIT-HF: Will it Change Practice?	Jens Hitzeroth
	13:40 - 14:10	Aldosterone Antagonism in Heart Failure	Eric Klug
	14:10 - 14:40	What's New? Nuggets from the ESC-HF Congress	Nqoba Tsabedze
	14:40 - 15:00	Weight Loss and Weight Loss Drugs in HF Patients - An Approach	
	15:00 - 15:30	Tea & Coffee Break	
	15:30 - 17:10	Session 2 - Dealing with HF of Various Aetiologies	Chairs: Khulile Moeketsi & Mpiko Ntsekhe
	15:30 - 15:55	Hypertension and HF in Africa	Dike Ojji (Nigeria)
	15:55 - 16:20	Renal Failure and HF - How to Prevent and How to Manage	Rohan Lutchman
	16:20 - 16:30	THESUS-HF II Study - Aetiology and Outcome	Julia Hahnle
	16:30 - 16:40	THESUS-HF II Study - ICU Management	Lina Hahnle
	16:40 - 16:45	THESUS-HF II Study - Discussion	Julia Hahnle & Lina Hahnle
	16:45 - 17:10	Post Acute Coronary Syndrome HF: How to Prevent and How to Manage	Mo Jeilan (Kenya)
17:10 - 17:55	Ethics: Accompanying a Patient with Advanced Heart Failure to Death	Clint Cupido	
17:55 - 18:00	Close	Karen Sliwa & Nqoba Tsabedze	
19:00	Networking Dinner @ the Morii Restaurant		

Saturday, 6 June 2026	Time	Topic	Faculty
	07:00 - 08:30	Registration & Breakfast	
	08:30 - 10:30	Session 3 - Diagnostic and Device Management Modalities of HF	Chair: Jens Hitzeroth
	08:30 - 08:50	What is the Benefit of Advanced Echocardiography in the HF Patient?	Simon Stewart (Australia)
	08:50 - 09:10	Obstructive Sleep Apnoea in the HF Patient	Themba Maluleke
	09:10 - 09:30	When to Refer a HF Patient to the Electrophysiologist?	Jane Moses
	09:30 - 10:00	Pacing Strategies in Heart Failure: CRT or LBBAP?	Brian Vezi
	10:00 - 10:30	ICD therapy in ischaemic and non-ischaemic cardiomyopathy: Who Benefits?	Charle Viljoen
	10:30 - 11:00	Tea & Coffee Break	
	11:00 - 12:20	Session 4 - Statin Debate & Fellow Cases	Chair: Arlene Mazaza
	11:00 - 11:20	Statin Therapy in Heart Failure	Nompumelelo Gogo
	11:20 - 12:20	6 Submitted Cases	Panel HODs
	11:20 - 11:30	Case 1 - Alcoholic Cardiomyopathy in the Young	Irina Mbanze (Maputo Central Hospital)
	11:30 - 11:40	Case 2 - MINOCA – When to activate your Spidey senses	Simon Poerstamper (Tygerberg Hospital)
	12:20 - 13:00	HeFSSA AGM	Chair: Nqoba Tsabedze
	13:00 - 14:00	Lunch	
	14:00 - 15:30	Session 5 - Pro-BNP Debate, Anaesthesia & Cardio-Oncology	Chair: Themba Maluleke
	14:00 - 14:30	Anaesthesia in Heart Failure Patients	Gladness Nethathe
	14:30 - 15:00	Monitoring & Treatment Decisions in Cancer Therapy Cardiac Dysfunction	Sarah Kraus
	15:00 - 15:30	Debate: Should All Patients with HF Have a Pro-BNP Test?	
	15:00 - 15:10	PRO	Simon Stewart (Australia)
15:10 - 15:20	CON	Themba Maluleke	
15:20 - 15:30	Debate Conclusion		
15:30	Close & Depart	Karen Sliwa & Nqoba Tsabedze	

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