

HeFSSA Specialist Treatment and Device Therapy Symposium
5 - 6 June 2026
Vineyard Hotel, Cape Town, South Africa

SCIENTIFIC PROGRAMME AT A GLANCE

Faculty

Karen Sliwa, Nqoba Tsabedze, Martin Mpe, Mpiko Ntsekhe, Eric Klug, Arlene Mazaza, Ntobeko Ntusi, Sarah Kraus, Rohan Lutchman, Nompumelelo Gogo, Themba Maluleke, Jens Hitzeroth, Khulile Moeketsi & Dike Ojji (Nigeria)

Time	Topic
11:00 - 12:50	Arrival, Registration & Finger Lunch
12:50 - 13:00	Opening and Welcome
13:00 - 15:00	Session 1 - Heart Failure Therapy: Innovations & New Insights
13:00 - 13:20	DIGIT-HF: Will it Change Practice?
13.20 - 13.50	Place of Non-Steroidal MRA in HF: New Approach
13:50 - 14:10	Victor and Victoria - Will it Change Practice?
14:10 - 14:40	Weight Loss and Weight Loss Drugs in HF Patients - An Approach
14:40 - 15:10	The 4 Pillars of HF Therapy - Practical Implications
15:10 - 15:40	Tea and Coffee Break
15:40 - 18:15	Session 2 - Diagnostic and Device Management Modalities of HF
15:40 - 16:00	What is the Benefit of Advanced Echocardiography in the HF Patient?
16:00 - 16:30	Obstructive Sleep Apnea in the HF Patient
16:30 - 17:00	When to Refer a HF Patient to the Electrophysiologist?
17:00 - 17:30	Debate: Conduction System Pacing VS Traditional CRT
17:00 - 17:10	Conduction System Pacing
17:10 - 17:20	Traditional CRT
17:20 - 17:30	Debate Conclusion
17:30 - 18:15	Ethics: Accompanying a Patient with Advanced Heart Failure to Death
18:15 - 18:20	Close
19:00	Networking Dinner

Friday, 5 June 2026



HEFSSA
HEART FAILURE SOCIETY
OF SOUTH AFRICA

A SPECIAL INTEREST GROUP OF SA HEART®

HeFSSA Specialist Treatment and Device Therapy Symposium

5 - 6 June 2026

Vineyard Hotel, Cape Town, South Africa

SCIENTIFIC PROGRAMME AT A GLANCE

	Time	Topic
Saturday, 6 June 2026	07:00 - 08:30	Registration & Breakfast
	08:30 - 11:00	Session 3 - Dealing with HF of Various Etiologies
	08:30 - 09:00	Hypertension and HF in Africa
	09:00 - 09:30	Renal Failure and HF – How to Prevent and How to Manage
	09:30 - 10:00	THESUS-HF II Study – Etiology and Outcome
	10:00 - 10:30	Post Acute Coronary Syndrome HF: How to Prevent and How to Manage
	10:30 - 11:00	Tea and Coffee Break
	11:00 - 12:30	Session 4 - Statin Debate & Fellow Cases
	11:00 - 11:30	Debate: Statin Therapy in Heart Failure – Pro's versus Cons
	11:00 - 11:10	Debate: Statin Therapy in Heart Failure – Pro
	11:10 - 11:20	Debate: Statin Therapy in Heart Failure – Con
	11:20 - 11:30	Debate Conclusion
	11:30 - 12:30	6 Fellows Cases
	12:30 - 13:00	HeFSSA AGM
	13:00 - 14:00	Lunch
	14:00 - 15:30	Session 5 - Pro-BNP Debate, Anaesthesia & Cardio-Oncology
	14:00 - 14:30	Anaesthesia in Heart Failure Patients
	14:30 - 15:00	Monitoring & Treatment Decisions in Cancer Therapy Cardiac Dysfunction
	15:00 - 15:30	Debate: Should All Patients with HF Have a Pro-BNP Test?
	15:30	Close and Depart