



**HEFSSA**  
**HEART FAILURE SOCIETY**  
**OF SOUTH AFRICA**

A SPECIAL INTEREST GROUP OF SA HEART<sup>®</sup>

**HeFSSA Specialist Treatment &  
Device Therapy Symposium**

**7 - 8 June 2024**

Capital on the Park Hotel, Sandton, Gauteng



# WELCOME

HeFSSA welcomes you to the 3rd Annual HeFSSA Specialist Treatment and Device Therapy Symposium, aiming to equip cardiologists and specialist physicians in South Africa to treat heart failure by providing education essential to improving patient outcomes. The event addresses specialists' needs allowing the heart failure community to share best practices and benefit from their combined experience as peers.

The meeting will emphasise the importance of a multi-therapy approach to heart failure treatment and demonstrate both practical and clinical application of guideline recommendations.

The programme will focus on the Efficacy and Outcomes of Heart Failure Treatment and Device Therapies by covering topics that inform diagnosis, imaging, pharmaceutical & device therapies, and lifestyle changes. Esteemed key opinion leaders from Academia, private and public sectors will lead these sessions.

## Friday, 7 June 2024

<b>12:00 - 13:50</b>	<b>Arrival and Registration</b>	
<b>13:50 - 14:00</b>	<b>Opening and Welcome</b>	<b>Nqoba Tsabedze</b>
<b>14:00 - 16:00</b>	<b>Plenary Session 1 - Advances in Therapy</b>	<b>Chair:</b> <b>Karen Sliwa</b>
14:00 - 14:30	State of the Art Lecture: Iron Supplementation and Heart Failure Therapy - What Is The Evidence?	Eric Klug
14:30 - 15:00	New Therapeutic Options for the Management of the Hospitalized Patients with Decompensated HF	Jens Hitzeroth
15:00 - 15:30	Contemporary Therapy of Heart Failure and Preserved Ejection Fraction (HFpEF) - New Insights and Therapeutic Implications: Drugs And Devices	Hanneke Danheimer
<b>15:30 - 16:00</b>	<b>Great Debate:</b> SGLT2 Inhibitors Should be First In-Line of the Fabulous 4: Pros & Cons	Eric Klug (Pro) Mpiko Ntsekhe (Con)
<b>16:00 - 16:30</b>	<b>Tea and Coffee Break</b>	
<b>16:30 - 18:00</b>	<b>Plenary Session 2 - Arrhythmia/EP/Devices</b>	<b>Chair:</b> <b>Mpiko Ntsekhe</b>
16:30 - 17:00	Right Heart Failure - Epidemiology and Management	Nqoba Tsabedze
17:00 - 17:30	Left Bundle Branch Pacing Versus Biventricular Pacing for Cardiac Resynchronization	Brian Vezi
17:30 - 18:00	The Role of Atrial Fibrillation Ablation in Heart Failure	Vinny Thomas
<b>18:00</b>	<b>Close</b>	<b>Nqoba Tsabedze</b>
<b>18:30</b>	<b>Networking Dinner @ Capital on the Park Hotel</b>	

## Saturday, 8 June 2024

07:00 - 08:30	Breakfast	
08:30 - 10:30	Plenary Session 3	Chair: <b>Martin Mpe</b>
08:30 - 09:00	<b>Case Presentation:</b> Complex HF Patients with Multimorbidities - A Practical Approach	Freek Bester
09:00 - 09:30	Managing Congestion: Targeting Pressure vs Volume	Bernard Samia Mugodo
09:30 - 10:00	Cardiomyopathy: From Genetics to Outcomes	Sarah Kraus
10:00 - 10:30	Machine Learning and Digital Biomarkers in Clinical Practice	Dineo Mpanya
10:30 - 11:00	Tea and Coffee Break	
11:00 - 13:15	Plenary Session 4	Chair: <b>Nqoba Tsabedze</b>
11:00 - 11:30	Peripartum Cardiomyopathy: Recovery or Remission?	Karen Sliwa
11:30 - 12:00	<b>Debate:</b> There is a Role for Anticoagulation in Patients with HFrEF in Sinus Rhythm: Pros & Cons	Brian Vezi (Pro) Martin Mpe (Con)
12:00 - 12:30	Trans Catheter Repair Of Functional Mitral Regurgitation: Long Term Results and Patient Selection	Jens Hitzeroth
12:30 - 13:15	<b>Ethics:</b> Transition from Stage C to Stage D Heart Failure. Signs and Symptoms	Lambert Appiah
13:15 - 14:00	Lunch	
14:00 - 15:45	Plenary Session 5	Chair: <b>Jens Hitzeroth</b>
14:00 - 15:15	<b>Fellows Cases:</b> Luyanda Mbanga - Kabo Mojela - Mohammed Essop Ebrahim Banderker - Zama Ramagaga	Mpiko Ntsekhe Andrew Sarkin Pindile Mntla
15:15 - 15:45	Heart Failure and Coronary Artery Disease: Medicate, Dilate, or Operate?	Adie Horak
15:45 - 15:55	Tea and Coffee Break	
15:55 - 17:10	Plenary Session 6	Chair: <b>Nqoba Tsabedze</b>
15:55 - 16:25	Challenges in Diagnosis and Management of Cardiac Amyloidosis	John Benjamin
16:25 - 17:10	<b>Ethics:</b> From Policy to Patient: Closing the Gaps in Disparities in Care in HF	Tony Lachman
17:10	Close and Depart	<b>Nqoba Tsabedze</b>

# CORPORATE SPONSORS



## CPD Accreditation

SCAN with Smart Phone camera or use link emailed from  
[info@hefssa.org](mailto:info@hefssa.org) to confirm attendance  
Portal opens 8 June @ 17:00

