



**HeFSSA Heart Failure Specialist Treatment and Device Therapy Symposium 2023**

23 – 24 June 2023

Capital on the Park, Sandton

Programme at a Glance

**International Faculty:** [Prof Zaheer Yousef](#): University Hospital of Wales, United Kingdom  
[Prof Klaus Witte](#): University of Leeds, United Kingdom

**Faculty:** Prof Karen Sliwa, Prof Ngoba Tsabedze, Prof Mpiko Ntsekhe, Prof Eric Klug, Dr Martin Mpe, Dr Farouk Mamdoo, Dr Andrew Thornton, Dr Martin Sussman, Dr David Jankelow, Dr Kgomotso Moroka, Dr Kaveshree Govender, Dr Clint Cupido & Dr Sandra Pretorius

Time	Topic
<b>Friday, 23 June 2023</b>	
<b>08:30 - 09:20</b>	<b>Arrival and Registration</b>
09:20 - 09:30	Opening and Welcome
<b>09:30 - 11:10</b>	<b>Plenary Session 1 - A Paradigm Shift in Heart Failure Management</b>
09:30 - 10:00	Ejection fraction no longer determines the management of heart failure
10:00 - 10:30	A review of the Class II recommended therapies in HF - when to use them?
10:30 - 11:00	Cardiac Sarcoidosis: Leveraging Multi-modality Imaging for Inflammatory Heart Disease
<b>11:00 - 11:30</b>	<b>Tea and Coffee Break</b>
<b>11:30 - 13:10</b>	<b>Plenary Session 2 - Advances in Heart Failure Medical Therapy</b>
11:30 - 12:10	Debate: Are there pillars of GDMT in HFpEF? PROs & CONs
12:10 - 12:40	An approach to heart failure drug treatment of Acute hospitalised heart failure
12:40 - 13:10	Residual risk in HFrEF - Does vericiguat have a role to play?
<b>13:10 - 14:00</b>	<b>Lunch</b>
<b>14:00 - 15:40</b>	<b>Plenary Session 3 - Mission Impossible: Challenging Cardiogenic Shock Cases</b>
14:00 - 14:30	Indications for LV supportive devices - When to consider LV supportive devices? Cardiac index, myocardial work etc
14:30 - 15:10	Debate: 'Inotropes' for the treatment of heart failure remain dead and buried!
15:10 - 15:40	Fellows Session - My difficult HF patient - Case Presentations. Difficult diagnosis, management, ICU, etc
<b>15:40 - 16:10</b>	<b>Tea and Coffee Break</b>
<b>16:10 - 17:40</b>	<b>Plenary Session 4 - HF Comorbidities</b>
16:10 - 16:40	Is Obesity an Independent Risk Factor for Heart Failure? The risk of obesity and the association of body mass index on all-cause mortality after cardiac resynchronization therapy
16:40 - 17:10	Neurohormonal blockade for the prevention of anthracycline cardiotoxicity - Is there evidence?
17:10 - 17:40	The 'Goods and the 'Bads': The Role of Dietary Fats in Heart Failure
<b>18:30</b>	<b>Informal Dinner</b>

<b>Saturday, 24 June 2023</b>	
<b>07:00 - 08:30</b>	<b>Breakfast</b>
<b>08:30 - 10:30</b>	<b>Plenary Session 5 - Device Controversies in HF</b>
08:30 - 09:00	AI for the ECG in Heart Failure
09:00 - 09:30	Which type of ICD should I implant in the young patient with inherited heart disease and how should I program it?
09:30 - 10:00	Evidence approached Cardiac Exercise Rehab
10:00 - 10:30	How to Improve standard cardiac resynchronisation therapy in HF
<b>10:30 - 11:00</b>	<b>Tea and Coffee Break</b>
<b>11:00 - 13:10</b>	<b>Plenary Session 6 - Rethinking HFpEF</b>
11:00 - 11:30	SGLT2 & HFpEF - The mechanism of action
11:30 - 12:10	Panel Discussion: Heart Failure Hemodynamics - How do hemodynamics change from a normal (LVEF) heart to a failing heart (HFrEF & HFpEF)
12:10 - 12:40	Heart failure with improved ejection fraction: definition, clinical predictors, and outcomes
12:40 - 13:10	When to consider palliative care in HF?
<b>13:10</b>	<b>Close and Lunch on the Go</b>



HeFSSA is a Special Interest Group within SA Heart Association  
Executive Committee

Ngoba Tsabedze (President), Martin Mpe (Ex-Officio President), Nash Ranjith (Vice-President), Mpiko Ntsekhe (Treasurer), Tony Lachman (Secretary),

Eric Klug, Karen Sliwa, Ntobeko Ntusi,

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